

## Consultation Form - Consent to Body Massage of Minor Child

**Child Name:**

**Address:**

**Birth date:**

**Brothers and sisters:**

**GP Name:**

**Last visit to the doctor:**

**Parent/Guardian name:**

**Profession/occupation:**

**Address (if different to child):**

The following information is required for health and safety, to benefit your child's health and provide a treatment that will best meet her/his individual needs.

While massage is a very safe treatment there are certain conditions that may require special attention, and it may be necessary for you to consult your GP before treatment can be given.

Information will be treated in the strictest of confidence.

### **CHILD DEVELOPMENT:**

Ability to relax: good  moderate  poor

Sleep pattern:

Nutrition: how many meal a day?

What are your children's favorite hobbies or toy?

Particular fears?

Digestive system:

Respiratory system:

Postural development:

### **MEDICAL: Has your child ever suffered from (tick as appropriate):**

Any condition already being treated by a GP or another complementary practitioner

Cardio vascular conditions (thrombosis, phlebitis, hypertension, hypotension, heart conditions)

Haemophilia

Undiagnosed pain

Medical oedema

Nervous/Psychotic conditions

Epilepsy

Recent operations

Diabetes

Asthma

Postural deformities

Scar tissue (2 years for major operation and 6 months for a small scar)

Any dysfunction of the nervous system (e.g. Multiple sclerosis, Parkinson's disease, Motor neurone disease)

Bell's palsy

Trapped/Pinched nerve (e.g. sciatica)

Inflamed nerve

Cervical spondylitis

Spastic conditions

Kidney infections

Slipped disc

Taking prescribed medication

Allergies

### **General health: Today does your child have:**

Fever

Undiagnosed lumps and bumps

Localised swelling

Inflammation

Cancer

Abrasions, Bruises, Cuts

Skin diseases/ fever/contagious disease

Is GP referral required? Yes  no

### **Parents/guardian declaration:**

I declare that the information I have given are correct, that I have not withheld any information concerning the receiver's health and that I will advise of any changes if and when they occur. I have been informed about contraindications and I am willing to proceed with treatment. I acknowledge that there is a possibility of developing some minor, temporary reactions following treatment.

I understand that massage is not a substitute for medical treatment.

**Signature of parent/guardian(s)**

**Date:**